



Leadership Coaching

Leadership coaching is far reaching and plays a key role at all levels of management and personal development in all organizations, no matter how small or large. Leading people requires an investment in personal development. As a leader and business owner you are ultimately required not only to lead, but to develop those that work with you.

Business Coaching

Business coaching focuses on the strategic aspects of leading a business and its leadership team from strategy development through to implementation. Strategies take time to develop and leading teams through change and implementation does not happen overnight. As much as short term results are seen quite quickly, the long term compound effect of strategy and implementation starts showing 9 to 12 months down the line. Coaching facilitates and accelerates this process while transferring new skill sets to the business and teams.

Team Coaching

Businesses are seldom run by individuals alone and require the collective efforts of well-functioning teams. Understanding the fundamentals of Individual and group behavior are crucial to the success of teams, how they function and ultimately the success of organizations. Team building and coaching plays a valuable role in ongoing personal and group development and success.

Remote Coaching

Distance and access often results in delays in business and team development along with the high costs of travelling to get together. Given modern technology and connectivity this is no longer a barrier to engaging with individuals and teams working at a distance.